

FAMILIES ACHIEVING SUCCESS PRESENTS

# POSITIVE PARENTING WORKSHOPS



SCAN QR CODE TO REGISTER:



OR COPY THE LINK ON YOUR BROWSER:

<https://bit.ly/PPW4Parents>

We invite all parents & families to join us for FREE virtual engaging workshops related to mental health, relationship building, and parent empowerment.

## DATES & TOPICS

- 1/20 Listening with Love and Effective Communication
- 1/27 Strengthening Parent/Child and Family Bonds
- 2/03 Self-Care
- 2/10 Goal Setting and Saving for Success
- 3/10 Getting Involved for the Benefit of your Children
- 3/24 Building a Village: Networking and Building a Strong Support System

For more information, please contact:  
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(951)358-9498

**ON THURSDAYS FOR  
6 WEEKS**

**Starts:  
January 20, 2022**

**10:00AM-12PM**