



Parent University
PERRIS UNION HIGH SCHOOL DISTRICT

PRESENTS

STUDENT MENTAL HEALTH

DURING COVID: SIGNS AND SOLUTIONS

ZOOM Virtual Presentation
5:30PM - 7:00PM
NOVEMBER 19, 2020

Topics Covered

- *The Impact of COVID on Student Mental Health*
- *Working Together to Create a New Normal*
- *Safety on Social Media*
- *Support Family and Community*
- *Mind and Body Health, Coping with Stress*

Presented by:

Dr. Rebecca Gehlke, PsyD, LMFT, PPS
Bonnie Monfils, LMFT, ERMHS Therapist

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To Register by email or phone please contact
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